

## CLIENT INFORMATION

Name: \_\_\_\_\_ Date: \_\_\_\_\_

By checking this box, I understand and agree that "Peptide Therapy" is not a FDA approved therapy, any use would be for research only and without established safety monitoring standards. Use of peptides is at your own risk.

### Current and Past Medical Conditions:

Have you ever had a pneumothorax (collapsed lung)? Year:

Do you currently have an active upper respiratory infection or sinus disease?

Do you currently have uncontrolled hypertension (high blood pressure) with systolic (top) number over 180 and/or diastolic (bottom) number over 110?

Do you currently have severe cardiovascular (heart, artery, and/or vein) disease?

Do you currently have an uncontrolled seizure disorder?

Do you have severe chronic obstructive pulmonary disease or emphysema with carbon dioxide (CO<sub>2</sub>) retention?

Do you currently have an uncontrolled high fever?

Are you currently pregnant or trying to get pregnant?

Are you currently breast feeding?

Do you have a current or recent (within the last year) cancer diagnosis?

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Signature: \_\_\_\_\_

**HAVE YOU HAD ANY OF THESE SYMPTOMS IN THE LAST 12 MONTHS?**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Weight has gone up more than 20 pounds

Bad headaches sometimes

Weight loss when you are not trying

Bad headaches a lot

Feel tired all of the time

Seizures now

Feel cold all of the time

Seizures in the past

Have trouble sleeping

Arms are numb or tingling

Have a fast heart rate occasionally

Legs are numb or tingling

Have a fast heart rate frequently

Falling asleep during the day

Get winded or short of breath easily

Unusual hair loss

Daily or almost daily heartburn

Changes in skin dryness

Stomach pain

Difficulty in concentrating

A lot of diarrhea

Feeling down or blue

A lot of constipation

Don't feel like doing what you usually like to do

Blood in the stool after a bowel movement

Dark tarry stools

Anxiety or panic attacks

Blood in the urine

Struggle with appetite control

Chest pain when you are very active

Do you take biotin as a supplement

Chest pain when you are at rest

**For Men**

Wake up at night gasping for air

Have problems with erections

Swelling in your feet or legs

**For Women**

Leg pain after walking a certain distance

Are you pregnant or trying to get pregnant

Feel like fainting when standing up

Are you breast feeding

Muscle aches

Heavy or unusual menstrual periods

Signature: \_\_\_\_\_

# CONDITIONS

Name:

Date:

Enter up to 6 conditions with 1 as the most important and 6 as the least important.

## **General Health**

Anti-Aging and Longevity

Body Composition

Weight Management

## **Performance**

Athletic Performance and Recovery

Energy

## **Immune Health**

Autoimmune Conditions

General Inflammatory Support

Immune System Support

## **Neurologic**

Brain Health

Nerve Injuries

## **Psychiatric**

Stress and Anxiety Reduction

Psychological Support

## **Sexual Health**

Enhanced Libido

Improved Sexual Function

## **Wounds and Injuries**

Sports Injuries

Infection Recovery and Healing

Muscle and Joint Recovery

Pain Management

## **Sleep**

Sleep Quality

## **Digestive**

Digestive Health

## **Cosmetic**

Cosmetic Tanning

Skin Health

## **Cardiovascular**

Heart Health

## **Other Conditions**

## EVALUATION AND LABS

### Consultation Fee

Check: \$300.00    Online: \$310

### Included in the Consultation Fee

1. An evaluation of your peptide needs by a physician.
2. A history of your physical and mental condition.
3. A handout about hyperbaric oxygen therapy and peptides.
4. Precautions about hyperbaric oxygen therapy.
5. Standard labs which are included with the consultation fee.
  1. Initial
    1. Complete Blood Count (CBC) to check for anemia
    2. Comprehensive Metabolic Panel (CMP) to check electrolytes, kidney function, and liver function.
    3. Erythrocyte Sedimentation Rate (ESR) to check for general inflammation.
    4. Hemoglobin A1c (A1c) to check for diabetes.
    5. Thyroid Stimulating Hormone (TSH) to check your thyroid function.
    6. Thyroid Peroxidase (TPO) to check for chronic autoimmune thyroiditis and Grave's disease.
    7. Anti Nuclear Antibody (ANA) to check for autoimmune disease.
  2. 1 month: CBC, CMP, ESR.
  3. 3 month: CBC, CMP, ESR, A1c, TSH.
  4. 6 month: CBC, CMP, ESR.
  5. Other labs as needed depending on the peptide used.
    1. Some peptides require additional labs that will be an added cost. They range from \$2 to \$16 plus a \$5 draw fee when LabCorp draws the blood.
6. When the first 3 pages have been completed, email them to [drjohnlillyllc@gmail.com](mailto:drjohnlillyllc@gmail.com).